

**CALENDARIO RITIRI 2025**

<b>PERIODO</b>	<b>INSEGNANTE</b>	<b>ASSISTENTE</b>	<b>TIPO DI RITIRO</b>	<b>GIORNI</b>	<b>QUOTA</b>
28.3 - 4.4	Andrea Huber		Satipatthana Vipassana	7	€ 245
4.4 - 13.4	Gautam Verma		Satipatthana Vipassana	9	€ 315
13.4 - 27.4	Hannes Huber	Heidi Pfäffli - Bachmann	Satipatthana Vipassana	14	€ 490
7.5 - 28.5	Ayya Virañani		Metta	21	€ 735
31.5 – 8.6	Ven. Mettananda		Satipatthana Vipassana	8	€ 280
13.6 - 28.6	Ven. Gavesi		Satipatthana Vipassana	15	€ 525
1.7 – 6.7	Giustarini-Verma		Ritiro Studio	5	€ 175
10.7 – 13.7	Bonomelli Teens		Ritiro adolescenti	3	€ 105 (solo accompagnatori)
16.7 - 27.7	Massimo Bonomelli	Luca Baffigi	Satipatthana Vipassana	11	€ 385
1.8 – 11.8	Hannes Huber		Satipatthana Vipassana	10	€ 350
11.8 -21.8	Jan Wurstemberger – Henrich Dahm	Marcella Bagnoni	Satipatthana Vipassana	10	€ 350
21.8 – 31.8	Piero Urban		Satipatthana Vipassana	10	€ 350
5.9 -14.9	Arya Baumann		Metta	9	€ 315
20.9 – 28.9	Adriano Emina		Satipatthana Vipassana	8	€ 280
4.10 - 12.10	Gautam Verma		Satipatthana Vipassana	8	€ 280
17.10 - 26.10	Federica La Rosa		Metta per Vipassana	9	€ 315
31.10 -30.11	Ayya Virañani		Vipassana advanced	30	€ 900
28.12 – 05.01.26	Bhikkhu Mettananda		Satipatthana Vipassana	8	€ 280